## **BODY TREATMENTS**

BACK FACIAL

Detoxifying and relaxing back facial focuses on

deep pore cleansing and exfoliation.

BODY POLISH

Sea salts with essential oils are used for full body exfoliation, followed by an application of body butter.

SWEDISH MASSAGE (60/90 min)

170/205

with Body Polish Exfoliating, hydrating and relaxing.

BODY POLISH with SIGNATURE FACIAL 185

Exfoliation and hydration of the body, followed by our Signature Facial.

BODY POLISH WITH GLO & GO 135

or SKIN QUENCH FACIAL TREATMENT Salt glow followed by a mini facial treatment.

Upgrade any Massage to a CBD Massage +25

Prices are subject to change without notice. Upgrades or add-ons will result in additional charge.

12/23

## **SPA PACKAGES**

Add a Shampoo & Blowout to any of the package below +40 Upgrade manicure to shellac for an additional 20

## DAY AT LUCINDA'S 381

Body Polish
Swedish Massage (60 min)
Signature Facial
MoroccanOil® Manicure
MoroccanOil® Pedicure

### HALF DAY AT LUCINDA'S 265

Approximately 5 hours

Swedish Massage (60 min)
Signature Facial
Manicure
Pedicure
Approximately 4 hours

### EXPRESS SPA DAY 155

Express Facial
Express Pedicure
Manicure
Approximately 2.5 hours

## JUST FOR HIM 165/205

Signature Facial
Deep Tissue Massage (30/60 min)
Approximately 2-2.5 hours

#### TEEN TREAT 140/190

Teen Facial
Teen Pedicure
Teen Manicure
Approximately 2 hours

# **SPA ETIQUETTE**

## ARRIVAL TIME

Please arrive 5 minutes prior to your appointment time. Late arrivals cannot be guaranteed a full length service, however, a full service charge will be applied. For the safety of your children they must remain with a parent at all times.

## CANCELLATION POLICY

If you cancel, please give us 24 hours notice; spa packages and group bookings require 72 hours notice. A no show will result in a full charge of your services.

## GIFT CERTIFICATES/CARDS

Lucinda's Day Spa gift certificates can be purchased and printed 24 hours a day at www.lucindasdayspa.com.

Gift cards can be purchased and used for services or retail.

GIFT CERTIFICATES/CARDS

CANNOT BE REDEEMED FOR CASH and

MUST BE PRESENTED AT CHECKOUT.

## RETURNS

Returns or exchanges can be made for salon credit within 30 days of purchase. No cash refunds.

## CELL PHONES & OTHER DEVICES

Lucinda's Day Spa would like to offer a relaxing, stress-free environment, so we ask that all cell phones & other devices be turned off before entering the salon.

263 US Route One, Cumberland Foreside, ME 04110

Monday-Friday 8:30am to 8:30pm Saturday 9:00am to 5:00pm Sunday 9:00am to 5:00pm

www.lucindasdayspa.com / 207.829.3100

# WELCOME TO LUCINDA'S DAY SPA & HAIR STUDIO

Lucinda's Day Spa creates a balance of beauty and wellness for our guests in a comfortable and welcoming atmosphere. We strive to provide the highest quality of service with superior results.

# NAIL CARE

| MANICURE TREATMENTS  Manicure  Manicure with art  French Manicure  Mini Polish for Ages 6 & under  Mini Manicure for Ages 10 & under  Ages 11 to 17                                   | 25<br>27<br>28 to 30<br>10<br>15<br>20 |  |
|---|--|--|
| Polish change<br>Acrylic Removal with Manicure<br>Paraffin Treatment  | 20<br>75<br>15                         |  |
| SHELLAC / GEL MANICURE<br>Shellac Manicure<br>Luxio Gel Manicure  | 45+<br>45+                             |  |
| PEDICURE TREATMENTS Pedicure Express Pedicure Clip & Polish Only Polish Change Mini Pedicure for Ages 11 to 17  | 50<br>40<br>32<br>17<br>35             |  |
| PARAFFIN PEDICURE  Soothe and hydrate your feet with warm  paraffin wax during your pedicure.   | 65                                     |  |
| MOROCCANOIL® MANICURE & PEDICURE The ultimate in hydration, revitalize your skin and stimulate your senses. Gentle exfoliation and rich hydrating treatment applied with warm stones. |  |  |
| Indulgent and luxurious.<br>Manicure<br>Pedicure  | 38<br>68                               |  |

| HOT STONE PEDICURE   |          |
|--|----------|
| Hot stones are used to massage the feet                                  | 63       |
| and legs during our full pedicure.<br>Verbena CBD Pedicure               | 70       |
| Lavender Verbena CBD Manicure  | 38       |
| Add gel to any pedicure  | +20      |
| rida ger to any peareure   | . 40     |
| FACIAL TREATMENTS  |          |
| Each facial includes cleansing, skin analysis, exfo                      | liation. |
| ultrasonic technology, massage, masque and hyd                           | ration.  |
| ENVIRON  |          |
| Environ is a medical grade line that obtains superior                    | results  |
| through the use of high doses of Vitamin A, Vitamir                      | ı C,     |
| Antioxidants and Peptides.   |          |
| Sensitive/Roseca Facial  | 100      |
| Hydrating Facial   | 115      |
| Vitamin C & Brightening Facial   | 115      |
| Acne Facial  | 115      |
| Cool Peel  | 100      |
| Cool Peel with Facial  | 140      |
| YONKA  |          |
| Signature Facial   | 105      |
| A classic treatment for all skin types                                   |          |
| Express Signature Facial   | 90       |
| Signature facial without the facial massage                              | 110      |
| Detox Facial   | 110      |
| Removes toxins, reduces wrinkles & dark circles<br>Alpha Vital Treatment | 11.5     |
| Resurfacing w/ glycolic  | 110      |
| Hydralessence Facial   | 115      |
| Deep hydration   |          |
| Vitamin C  | 160      |
| Brightens, addresses hyperpigmentation                                   | 1/0      |
| Cellular Code Facial   | 160      |
| Ultimate in anti-aging<br>Teen Facial                                    | 85       |
| Signature facial without the facial massage                              | 00       |
| Dignature facial without the facial massage                              |          |

| SMALL INDULGENCE  | S   |
|---|---|
| Glycolic without facial (30min)   | 50  |
| Skin Quench (30 min)  | 50  |
| Deeply hydrating mini facial treatment  | 00  |
| Glo & Go (30min)  | 50  |
| M:: f - :: 1 + + +: +1 1 + 1  | 30  |
| Mini facial treatment with plant peel   |   |
| CLINICAL/ MED SPA TREAT HYDRAFACIAL (30/45/60 min) 195 MICRONEEDLING 375/ Series TEETH WHITENING BOTOX & FILLER Available Eve Dermaplaning Deep extoliation and removal of vellus faci increases product penetration by 40%, brig complexion, reduces appearance of fine lin and pore size. Rezenerate Facial Treatment Designed to restore youth and radiance to y texture using state of the art technology the deeper product penetration for optimal resu | 5/265/295<br>s of 3 900<br>250<br>ry Monday<br>120<br>al hair,<br>ghtens<br>es, wrinkles<br>125<br>your skin's<br>at assists with |
| HAIR STUDIO   |   |
| Women's Haircut   | 40 & up   |
| Men's Haircut   | 25 & up   |
| Shampoo & Blowout   | 40 & up   |
| Single Process Color  | 80 & up   |
| Partial Highlight with Cut & Blowout  | 130 & up  |
| Full Highlight with Cut & Blowout   | 165 & up  |
| Balayage with Haircut & Blowout   | 170 & up  |
| Root Touch Up with Cut & Blowout  | 95 & up   |
| WAXING HAIR REMOVAL   |   |
| Waxing is not recommended for guests using Re<br>Hydroxy products. 12-14 days of growth is reco<br>Eyebrow, Lip & Chin  | ommended.<br>41   |
| Eyebrow/Lip/Chin  | 21/14/17  |
| Full Face/Full Face with Eyebrows   | 48/58   |
| Lower Leg/Upper Leg/Full Leg  | 43/45/78  |
| Upper Leg with Bikini/L.A.  | 80/90   |

| Full Leg w/ Bikini/L.A.<br>Bikini/L.A.<br>Brazilian<br>Underarm<br>Back                                    | 115/125<br>45/55<br>63 to 73<br>22<br>75      |  |
|--|---|--|
| TINTING Eyelash tint/Eyebrow tint<br>Lash Lift & Tint  | 32/21<br>85                                   |  |
| EAR PIERCING Earrings are included   | 35  |  |
| MASSAGE THERAPY Improves circulation, eliminates toxins in a relaxing environment.                         |   |  |
| SIGNATURE (60/90 MIN)<br>Massage combined with essential oils and hot s<br>Swedish<br>Combo<br>Deep tissue | steam towels.<br>95/135<br>100/140<br>110/150 |  |
| SWEDISH (30/60/90 min) 55/85/125<br>A gentle full body massage designed for relaxation.                    |   |  |
| COMBINATION (60/90 min) Our most popular massage combines Sweddeep tissue techniques.                      | 90/130<br>dish and                            |  |
| DEEP TISSUE (30/60/90 min) 6<br>Deep massage focuses on specific areas of                                  | 0/100/140<br>tension.                         |  |
| Add cupping to any 60/90 min massage   | +20   |  |

HOT STONE MASSAGE (60/90 min) 120/155 Hot stones are used to relieve tense muscles and sore joints.

MOTHER-TO-BE MASSAGE (60 min) 100 Special techniques are used to help promote healthy circulation while relaxing any stressed pressure

ONCOLOGY MASSAGE (60 min) 80 Specifically designed massage for guests with cancer.

FOOT REFLEXOLOGY (30 min)
Smoothing foot scrub, soothing steam towels and a balancing pressure-point foot massage.

+25

Add CBD to any massage